

SIGMOIDOSCOPY INSTRUCTIONS

Date of Procedure: _____

Location:	Pt. Jefferson Office	Mather	St. Charles	St. Catherine
	331-7200	476-2715	474-6285	862-3000

You will need to purchase (2) Fleet enemas (green and white box, water enema) at your local pharmacy.

** Use the first enema (2) hours prior to your procedure time.

**Use the second enema (1) hour prior to procedure time.

***You may adjust the time based on traveling time.

DO NOT EAT OR DRINK ANYTHING TWO HOURS PRIOR TO YOUR SCHEDULED APPOINTMENT.

We will call you up to one week prior to your procedure for your appointment time.

If you have any questions, please call the office at 331-7200, Ext. 236, Kathleen.